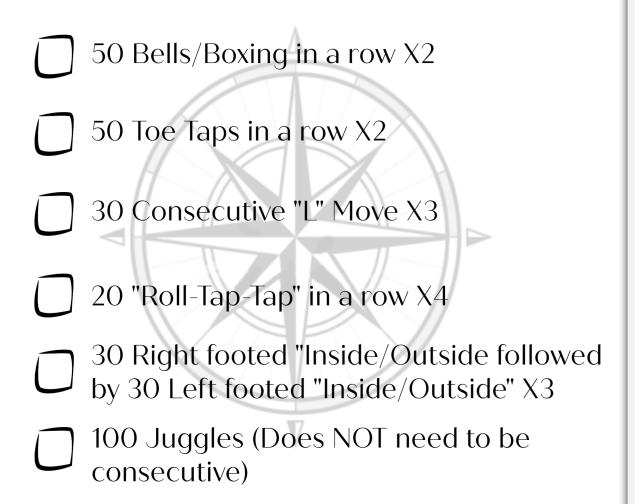
## Training #1 Checklist

(650 Touches Minimum in 15-20 Minutes)



www.LouiseArseneault.com
Louise@LouiseArseneault.com